



Reception to Year 1 transition guidance  
for Parents/Carers  
2022 - 23



At Queen Victoria Primary School, we want the learning to be fun, exciting and stimulating.

We want the children to run to school.

Starting a new class can cause anxieties, we want to lessen these and create a new challenge whereby your children want to come to school and are not frightened.

To do this we all have to manage the process.

This booklet aims to tell you the details of your child's transition into Year 1 and the role we can all play in helping this to be as smooth as possible.

If you have any queries feel free to speak to Mr. Cooke who will be pleased to explain any details.

# Meet the Year 1 Team!



Mr. Cooke 1H (KS1  
Phase Leader)



Miss Blake 1M



## What is 'school readiness'?

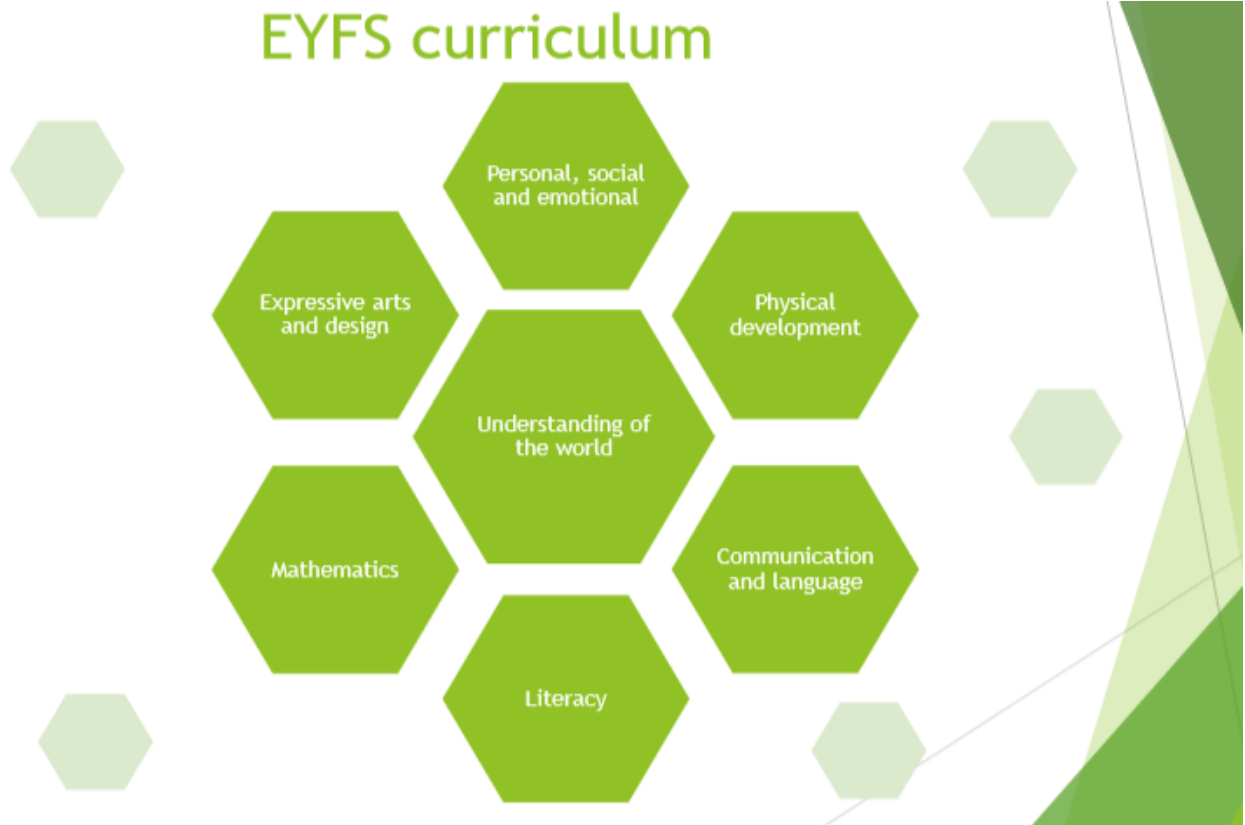
It is generally acknowledged that 'school ready' is about more than reading, writing and mathematics. Most Reception teachers would use a similar definition as the bullet points below:

### School ready children:

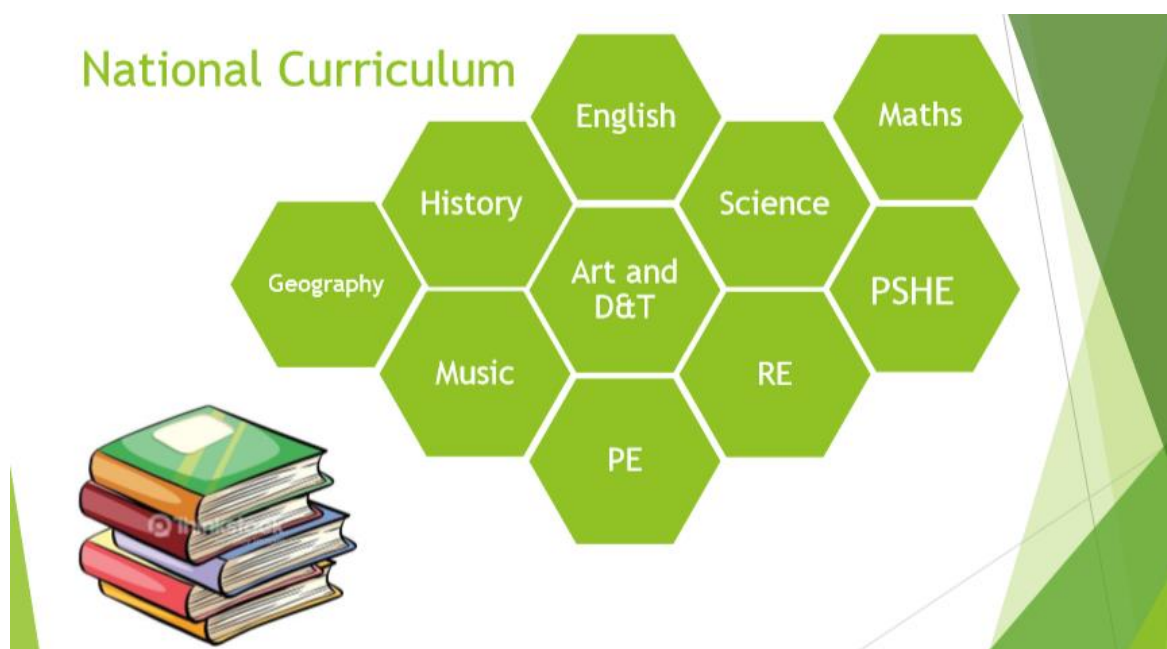
- have strong social skills
- can cope emotionally with being separated from their parents
- are relatively independent in their own personal care (going to the toilet, getting dressed and undressed etc.)
- have a curiosity about the world and a desire to learn
- have a firm grounding in the key skills of communication, language, literacy and mathematics.

## Curriculum Change

The main difference between Reception and Year 1 is the change of curriculum. For two years or more, your child, has been following the Early Years Foundation Stage Curriculum and being assessed against the 7 Areas of Learning.



In Year 1 your child will progress from these 7 Areas of Learning, to the National Curriculum subjects for Key Stage 1.



# READING

There will be a strong focus on Phonics and Reading throughout Year 1. We will follow the Little Wandle Letters and Sounds Revised scheme to provide a structured and systematic approach to teaching literacy. The National Curriculum emphasises the importance of children learning to read using a phonics-based approach. Children will learn the phonetic sounds to help them blend and read the words. Teaching them the right phonics skills will ensure they become successful readers and make them feel confident when taking the Phonics Screening Test at the end of Year 1.

## Progression in reading

### Reception

- ▶ Phonics: children know all single letter sounds and can sound out and blend regular words.
- ▶ Children know 45 High Frequency Reception words.
- ▶ Children read simple sentences and understand what they have read.

### Year 1

- ▶ Phonics: children know how to represent sounds by groups of letters and decode unknown words confidently.
- ▶ Children can read 100 High Frequency Year 1 words.
- ▶ Children read simple books confidently and with comprehension.

## Reading Practise

As well as daily phonics lessons, your child will take part in 3 reading practise sessions every week. These are small group reading sessions with an adult focusing on one of the key reading skills of vocabulary, inference, prediction, explaining, retrieval and sequencing. They will also be heard 1:1 by an adult at least once a week. It is therefore very important your child's reading book and diary are in school EVERY DAY.

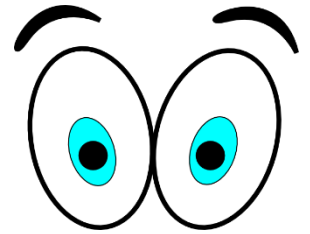


A typical week  
in the life of a  
Year 1 Queen  
Vic child...

Day	08:30-08:45	08:45-09:00	09:00-10:00	10:00-10:15	10:20-12:00	12:00-12:45	12:45-13:00	13:00-13:45	13:45-14:00	14:00-14:50	14:50-15:20
Monday Mind-set	SODA Fluent in 5	Readers/ Freckle	English	Break	Phonics Maths	Lunch	History/Geography	History/Geography		Jigsaw	Story
Tues	SODA	Readers/ Freckle	English	Break	Maths Maths	Lunch	Phonics	Phonics	Week 1: Art	Week 1: Art	Story
Wednesday Well-being	SODA Fluent in 5	Readers/ Freckle	Maths	Break	H/W Phonics	Lunch	Science	Science	Week 1: Music	Week 1: Music	Story
Thurs	SODA	Readers/ Freckle	English	Break	H/W Phonics	Lunch	Maths	Maths		History/Geography	Story
Friday Feel Good	SODA Fluent in 5	Readers/ Freckle	English	Break	Phonics Maths	Lunch	Story		PPA		Story

## Spot the difference...

When your child starts their Year 1 Journey in September there are some things that may be the same and some things that may have changed since Reception...



## Attendance

The school doors are open from 8.30 am and your child needs to be in school ready to start the school day at 8.50 am. The end of the school day is at 3.20pm. School education lays the vital foundations of a child's life. Research clearly demonstrates the link between regular attendance and educational progress and attainment. It is therefore important that your child attends school for the whole of each term.

## School Uniform

Your child is part of the Queen Vic team. Please ensure that they come to school each day wearing the correct uniform which should be **CLEARLY LABELLED**

The school colours are as follows:

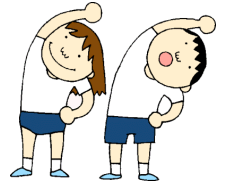
Shirt / Blouse	White
Sweatshirt/Jumper/Cardigan	Dark Green
T Shirt / Polo Shirt	White/Yellow
Skirt/Pinafore/Trousers	Grey
Summer Dress	Green and white checks or stripes
Socks	Grey, black or white
Shoes	Black sensible shoes



## PE

PE will be taught as a curriculum subject at least once a week in Year 1. It is important that your children wear the correct kit. They will need:

- Black shorts,
- Black jogging bottoms (especially for those chillier days!)
- A white t-shirt
- Pumps



Your child must come to school on their designated day wearing their PE kit and it should be CLEARLY LABELLED.

## Homework

Once settled, your child will be given a reading book and their Common Exception Words to learn at home. It is really important they bring their reading book and record in EVERY day. They will also get some homework which consists of 4 different activities to be completed over a 2-week period. It will involve a range of activities from writing, to research, to painting and model building!

## Snacks



Although children will not receive milk in Year 1 they will still have a piece of fruit every day. Please also ensure your child has their own CLEARLY LABELLED water bottle filled with...WATER...

## School Dinners

Currently all children in Reception and Key Stage 1 (Year 1 and Year 2) are universally entitled to free school meals and so your child will have the same healthy menu that they enjoyed in Reception. If you would prefer your child to bring a packed lunch they should be in a secure lunchbox, clearly labelled with your child's name, and should not include any sweets, chocolate bars, nuts or fizzy drinks. (See advice on the following page)

# What does a balanced **LUNCHBOX** look like ?



**Expert Advice from Dr Lisa Gatenby, registered nutritionist.**

“Remember that packed lunches always need to contain one fruit and one vegetable portion. There also needs to be a portion of dairy in each lunch box, so I'd suggest a yoghurt – always choose Greek or natural yoghurt as the flavoured ones always contain added sugar!

It can be nice to have a main option that isn't a sandwich to show children how lunches can vary, why not try pasta or couscous instead of bread?”

Content reviewed by registered nutritionist, Dr Lisa Gatenby. All content published by Nutritionist Resource is provided for general information purposes only, and should not be treated as a substitute for advice given by your GP or any other healthcare professional.



Learn more about children's nutrition by scanning the code and visiting our Healthy Eating for Kids fact-sheet

### Supporting your Child

You will receive a Curriculum Newsletter every half term, informing you about the topics the children will be covering. You can help them at home by talking about these topics, sharing books from the library or looking on the internet, and perhaps visiting related places of interest.

Once they have settled into school, the children will bring home reading books to share and letter sounds to learn. The staff will explain all this to you and will be happy to suggest ways in which everyday activities can become learning opportunities.

### Other Useful Information

Most letters from school will be sent to you electronically via ParentPay, they can also be found on our school website. Forthcoming events can also be found on the school website, and this is updated each week.

School Telephone Number: 01384 812545

Email: [KS1@queen-vic.dudley.sch.uk](mailto:KS1@queen-vic.dudley.sch.uk)

Website: <https://www.queenvictoriaprimary.com/>

We hope that this booklet has answered many of your questions. Please feel free to ask any questions you feel have not been covered.

Here's to a happy start in September!

